

 MOST PRECIOUS BLOOD  
CATHOLIC CHURCH

# Stations of The Cross



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Please return the booklet so that others may use it.*

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## Opening Scripture Reading

### Speaker

Jesus came with his disciples to a country place called Gethsemani, and he said to them, "Sit down here, while I go over yonder and pray." Then he took with him Peter and the two sons of Zebedee, and he began to be saddened and exceedingly troubled. He said to them, "My soul is sorrowful, even unto death. Wait and watch with me." He went forward a little, and falling prostrate he prayed, "Father, if it is possible, let this cup pass away from me; yet not as I will but as you will." (Mt.26:36-39)

## Opening Prayer

### All:

Almighty and eternal Father, accept our prayer of thanksgiving for your Beloved Son, our Savior and Lord. As we recall his Sacred Passion send the Spirit of Christ into our hearts, we beg You, so that whether we pray or work we might do all in union with Christ our Redeemer. Amen.

*Jesus, Lord, condemned, defiled... May we too be meek  
and mild... as we tread Your Holy Way...  
May we feel no bitter hatred... When we too are  
persecuted... Left alone to walk with You.*

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## First Station

### *Pilate Condemns Jesus To Death*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

Again the high priest began to ask him, and said to him, "Are you the Christ, the Son of the Blessed One?" And Jesus said to him, "I am. And you shall see the Son of Man sitting at the right hand of the Power and coming with the clouds of heaven." But the high priest tore his garments and said, "What further need have we of witnesses? You have heard the blasphemy. What do you think?" And they all condemned him as liable to death.

*Mark 14:61-64*

**All:**

As the journey begins, Oh Jesus, we ask that You walk close by us as we walk close to Your cross. Lord Jesus, we recall the many times we have turned our back on You and not given You what You truly deserve. We recall the times that we have chosen to believe the lies of Satan over the truth that is You. Help us to join ourselves closer to you on Your cross.



*Now the Cross as Jesus bore it,  
Has become for us who share it,  
The jeweled Cross of Victory.*

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## Second Station

### *Jesus Accepts His Cross*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

And Pilate said to the Jews, "Behold, your king!" But they cried out, "Away with him! Away with him! Crucify him!" Pilate said to them, "Shall I crucify your king?" The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. And so they took Jesus and led him away, bearing the cross for himself.

*John 19:14-17*

**All:**

Jesus, you took upon yourself the weight of our sins. Crucifixion was reserved as the most humiliating of deaths. The cross was laid across Your bare and bloodied shoulders, ravaged by the scourging. You did not say a word, but bore it with the utmost patience and love. By accepting the cross, You accepted Your crucifixion for the salvation of our souls. Lord Jesus, help us to carry our crosses in this life: those found in persecution, sickness, relationships and the struggles of everyday. May we unite our suffering with Yours.



*Weakened, prodded, cursed, and fallen...  
His whole Body bruised and swollen...  
Jesus tripped and lay in pain.*

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## Third Station

### *Jesus Falls the First Time*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

If the world hates you, know that it has hated me before you. If you were of the world, the world would love what is its own. Because you are not of the world, but I have chosen you out of the world, therefore the world hates you. Remember the word that I have spoken to you: No servant is greater than his master. If they have persecuted me, they will persecute you also.

*John 15:18-20*

**All:**



*Jesus met his grieving Mother...  
She who made the Lord our Brother...  
Now the sword her heart has pierced.*

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## Fourth Station

### *Jesus Meets His Mother*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

Now there were standing by the cross of Jesus his mother and his mother's sister, Mary of Cleophas and Mary Magdalene. When Jesus, therefore, saw his mother and the disciple standing by, whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.

*John 19:25-27*

**All:**

Loving Mother, you walked the way of the cross with Jesus, your Son. You stood by Him in his most anguishing moments accepting the will of the Father. Help us, Mary, to be open to the Lord's will in our lives. And pray for us that we might always call upon His mercy and strength during the times when we are struggling the most, the times when He seems the farthest away.



*Simon stopped in hesitation...  
Not foreseeing his proud station...  
Called to bear the Cross of Christ.*

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## Fifth Station

### *Simon Helps Carry the Cross*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

And when they had mocked Jesus, they took the purple cloak off and put his own clothes on him, and they led him out to be crucified. Then they forced a certain passerby, Simon of Cyrene, coming from the country, to take up his cross. They brought Jesus to the place called Golgatha, a name meaning “the Place of the Skull”.

*Mark 15:20-22*

**All:**

Lord be with us when we are called to carry heavy crosses. Help us to welcome suffering as an opportunity to grow closer to You. Give us the strength, understanding and acceptance to carry our cross like Simon did. Console us in the belief that we bear all things in union with You, who have taken upon Yourself even our guilt.



*Brave but trembling came the woman...  
None but she would flaunt the Roman...  
Moved by love beyond her fear.*

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## Sixth Station

### *Veronica Wipes the Face of Jesus*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

“Lord when did we see you hungry, and feed you; or thirsty, and give you drink? And when did we see you a stranger, and take you in; or naked, and clothe you? Or when did we see you sick, or in prison, and come to you?” And answering the king will say to them, “Amen, I say to you, as long as you did it for one of these, the least of my brethren, you did it for me.”

*Matthew 25:37-40*

**All:**

We watch as the world around mistreats You with their ingratitude and their hurtful choices. Lord, we want to comfort and embrace You in all that we say and do. Help us to be like Veronica and to give You our time and effort. Give us, we beg You, the courage and dedication to sacrifice and suffer with those who are in need, the least of your people.



*Prostrate on the dust He crumbled...  
Flogged in Body He resembled...  
All our brothers poor and scorned.*

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## Seventh Station

### *Jesus Falls the Second Time*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

It was our weaknesses that he carried, our sufferings that he endured, while we thought of him as stricken, as one struck by God and afflicted. But he was pierced for our offenses, crushed for our sins; upon him was the punishment that makes us whole, and by his stripes we were healed. We had all gone astray like sheep, each following his own way; but the Lord laid upon him the guilt of us all.

*Isaiah 53:4-6*

**All:**

Lord, each time You fell, You lay prostrate in the dust, Your wounds reopened and Your heart broken by cruelty and the lack of help. Help us Lord when we fall into sin. Help us Lord when we fall repeatedly. Even if we feel there is no one to help, we know that You will always lift us up. May we walk with you Jesus, as we learn to accept our own sufferings.



*May our sympathy for Jesus...  
Turn to those who here now need us...  
May we see Christ bruised in them.*

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## Eighth Station

### *Jesus Meets the Women of Jerusalem*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

There was following Jesus a great crowd of people, and among them were some women who were bewailing and lamenting him. Jesus turning to them said, “Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children.”

*Luke 23:27-28*

**All:**

Just as the women wept at the feet of Jesus, let us always surrender to the Lord's will. Let us pray for the grace to be able to listen to our Lord and His commands for our lives. Lord, please hold us and be compassionate with us when we fall at Your feet and ask for Your mercy.



*Jesus fell again in weakness...  
Stumbling as we do, to lead us...  
Through our sorrow and our pain...*

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## Ninth Station

### *Jesus Falls a Third Time*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

I lie prostrate in the dust; give me life according to your word. I declared my ways, and you answered me; teach me your commands. Make me understand the way of your precepts, and I will meditate on your wondrous deeds. My soul weeps for sorrow; strengthen me with your words.

*Psalm 119:25-28*

**All:**

Sweet Jesus, for the third time You fall to the ground. Although exhausted, in pain, and so weary, You get up again. Help us Lord to run to You each time we fall for we know You have the strength to help pick us up and continue on. When we become weary upon our life's journey, please be our strength, our perseverance, and our courage. Transform our hearts Lord, so that we may see You at our side through any suffering and with those around us that may be hurting. Teach us to unite our suffering to Your holy cross.



*Stripped and jeered by his own nation...  
Jesus stood in desolation...  
Giving all He had to give.*

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## Tenth Station

### *Jesus is Stripped of His Garments*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

They gave Jesus wine to drink mixed with gall; but when he had tasted it he would not drink. Then after they had crucified him, they divided his clothes, casting lots, to fulfill what was spoken through the prophet. "They divided my clothes among them, and upon my garments they cast lots."

*Matthew 27:34-35; John 19:24*

**All:**

How great is Your love for us, O Lord, to continue on through the pain and humiliation You experienced! Awesome God, help us to strip ourselves of all worldly desires so that in our hearts we may have room for all of You and all of Your love. We love You Jesus and ask that you would clothe us in Your beauty and in Your grace so that we may live a holy life for Your kingdom.



*Pierced the hands that blessed and cured us...  
Pierced the feet that walked to free us...  
Walked the hill of Calvary.*

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## Eleventh Station

### *Jesus is Nailed to the Cross*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

When they came to Golgotha, the place called the Skull, they crucified Jesus and the robbers, one on his right and the other on his left. And Jesus said, "Father, forgive them, for they do not know what they are doing."

*Luke 23:33-34*

**All:**

Lord, just as Christ was nailed to the cross and experienced persecution, be with us when we may be persecuted at times in our life. Grant us the courage to be able to pray for our enemies and forgive like You do.



*Life eternal, death defiant,...  
bowed his head- the world was silent...  
Through his death came life anew.*

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## Twelfth Station

### *Jesus Dies on the Cross*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

It was now about the sixth hour, and there was darkness over the whole land until the ninth hour. And the sun was darkened, and the curtain on the temple was torn in the middle. Jesus cried out with a loud voice and said, "It is finished. Father, into your hands I commend my spirit." Then bowing his head, he died.

*Luke 23:44-46*

**(Pause & Please Kneel)**

**All:**

Jesus died for us. Lord, let us never feel that our sins are greater than Your cross. Constantly remind us that You love us so much, that You gave Your own life for each and every one of us. Give us the strength necessary to accept our crosses and carry them to Your glory.



*Stunned and stricken, Mary, Mother...  
In your arms was placed our Brother...  
"Full of grace" now filled with grief.*

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## Thirteenth Station

### *The Body of Jesus is Taken Down from the Cross*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

When the soldiers came to Jesus, they saw that he was already dead, but one of them opened his side with a lance and immediately there came out blood and water. Joseph of Arimathea, because he was a disciple of Jesus (although a secret one for fear of the Jews), besought Pilate that he might take away the body of Jesus. And Pilate gave permission.

*John 19:33-34, 38*

**All:**

As we meditate on Your crucifixion, we give You thanks and praise for Your sacrifice. It is through Your pain and suffering we have been given the gift of life. As You trusted the Father to Your death, we pray that You may grant us an unrelenting trust in You and help us to live each day as if it were our last.



*Jesus, Lord, Your gift accepted...  
In three days You resurrected...  
You did first what we shall do.*

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## Fourteenth Station

### *Jesus is Laid in the Tomb*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

Joseph of Arimathea took the body of Jesus, and wrapping it in a clean cloth he laid it in his new tomb, which he had hewn out of rock. Then he rolled a large stone against the entrance of the tomb and departed.

*Matthew 27: 59-60*

**All:**

As Your body is laid in the tomb, we remember Joseph of Arimathea. He loved You so much that he risked his own life and even offered his own tomb. We pray that we may have an unflinching love for You like Joseph and understand the meaning of the gift of yourself. Help us and all those who have fallen to rise again with You.



*Jesus, Risen, be our lover...  
In your Food and in our brother...  
Lead us home to heaven with You.*

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## Closing

### *The Resurrection of Jesus*

*(Omitted on Good Friday)*

**Speaker:** We adore you, Lord Jesus, and we praise you.  
(GENEUFLECT)

**All:** Because by your holy cross, you have redeemed the world.

**Speaker:**

When the Sabbath had passed, Mary Magdalene, Mary the mother of James, and Salome, bought spices that they might go and anoint Jesus. Very early on the first day of the week, when the sun had just risen, they came to the tomb. They were saying to one another, “Who will roll the stone back from the entrance of the tomb for us?”, for it was very large. But looking up they saw that the stone had been rolled back, and upon entering the tomb they were amazed to see a young man sitting at the right side and clothed in a white robe. He said to them, “Do not be terrified. You are looking for Jesus of Nazareth, who was crucified. He has risen, he is not here. Behold the place where they lay him.

*Mark 16:1-6*

**All:**

I believe in God, the Father Almighty,  
the Creator of heaven and earth,  
and in Jesus Christ, His only Son,  
our Lord:  
Who was conceived of the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell.  
The third day He arose again  
from the dead.

He ascended into heaven  
and sits at the right hand  
of God the Father Almighty,  
whence He shall come to  
judge the living and the  
dead.  
—I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

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### ***Closing Prayer***

**All:**

Behold, O kind and most sweet Jesus, I cast myself on my knees in Your sight, and with the most fervent desire of my soul, I pray and beg You to impress upon my heart lively sentiments of faith, hope and charity, with true repentance for my sins, and a firm desire of amendment, while with deep affection and grief of soul I ponder within myself and mentally contemplate Your five most precious Wounds; having before my eyes that which David spoke in prophecy: “They pierced My hands and My feet; they have numbered all My bones.”

Hail Mary....

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