

ECO-Wellness Ministry  
Embracing Christ Outdoors



## MOST PRECIOUS BLOOD CATHOLIC CHURCH

### ECO-WELLNESS MINISTRY 2008 CALENDAR OF EVENTS

SAT. JAN 19<sup>TH</sup>

BARR ST TRAILHEAD KICK-OFF FITNESS WALK  
ALONG THE BEAUTIFUL *ECON RIVER* 8AM-10AM

SAT. FEB 23<sup>RD</sup>

9<sup>TH</sup> ANNUAL ORLANDO WETLANDS FESTIVAL  
ORLANDO WETLANDS PARK FREE! 9AM-3PM

SAT. MAR. 1<sup>ST</sup>

ADOPT-A-ROAD PICK-UP / MPB CAMPUS - LENT  
LOCKWOOD BLVD (SR.419 TO 426) 8AM-10AM

FRI. MAR. 14<sup>TH</sup>  
SAT. MAR. 15<sup>TH</sup>

RELAY FOR LIFE  
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SAT. APR. 26<sup>TH</sup>

BIKE RIDE AT TRAILHEAD IN OVIEDO  
(PARK NEAR TOWNHOUSE REST.) 8AM-10AM

SAT. MAY 17<sup>TH</sup>

BARR ST TRAILHEAD FITNESS WALK/RUN  
ALONG THE BEAUTIFUL *ECON RIVER* 8AM-10AM

SAT. JUN. 14<sup>TH</sup>

ADOPT-A-ROAD PICK-UP / MPB CAMPUS  
LOCKWOOD BLVD (SR.419 TO 426) 8AM-10AM

SAT. JUL. 19<sup>TH</sup>

LAKE MILLS PARK CANOE/KAYAK PADDLE  
"BYOB" OR CALL 321-348-3865 @ CANOE 8AM-10AM

Sat. Aug 16

BIKE RIDE AT UCF AROUND CAMPUS  
START AT CHEVRON NEAR STADIUM 8AM-10AM

SAT. SEP. 20<sup>TH</sup>

ADOPT-A-ROAD PICK-UP / MPB CAMPUS  
LOCKWOOD BLVD (SR.419 TO 426) 8AM-10AM

SAT. NOV. 15<sup>TH</sup>

WINTER PARK PADDLE - DINKY DOCK/ROLLINS  
"BYOB" OR CALL 321-348-3865 @ *CANOE 8AM-10AM*

SAT. DEC. 13<sup>TH</sup>

ADOPT-A-ROAD PICK-UP / MPB CAMPUS ADVENT  
LOCKWOOD BLVD (SR.419 TO 426) *8AM-10AM*